

Banish the Winter Blues

Blow out the cobwebs and come and join us for

An afternoon of

MIDWINTER CHANTING



Sunday December 3rd 2017

2.00 to 4.00pm

The Goose Green Clinic 57 East Dulwich Road, SE22 9AP

Guaranteed to uplift the spirits and soothe the soul

Everyone welcome no previous experience necessary

Cost by donation

Please contact Janet: jevans238@hotmail.co.uk

<http://www.yogajanam.com/>